

# RIDGECREST SAMPLE DINING ROOM MENU

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
BREAKFAST	Scrambled Eggs ●■ Smoked Bacon ●■ Sausage Patties ●■ Potato Cubes ●■▼ Grits ●■▼ Oatmeal ● Biscuits and Gravy Fresh Cut Pineapple ●■▼ Assorted Pastries Greek Yogurt ● Toppings Bar Hard-Boiled Eggs ●■ Juices Coffee ●■▼ Milk ●	Scrambled Eggs ●■ Smoked Bacon ●■ Apple Chicken Sausage Links Potato Casserole Grits ●■▼ Oatmeal ● Waffles w/ Syrup Fresh Grapes ●■▼ Assorted Pastries Greek Yogurt ● Toppings Bar Hard-Boiled Eggs ●■ Juices Coffee ●■▼ Milk ●	Scrambled Eggs ●■ Smoked Bacon ●■ Sausage Patties ●■ Potato Cubes ●■▼ Grits ●■▼ Oatmeal ● Biscuits and Gravy Oranges ●■▼ Assorted Pastries Greek Yogurt ● Toppings Bar Hard-Boiled Eggs ●■ Juices Coffee ●■▼ Milk ●	Scrambled Eggs ●■ Smoked Bacon ●■ Apple Chicken Sausage Links ●■ Tater Tots ●■▼ Grits ●■▼ Oatmeal ● French Toast Sticks w/ Syrup Fresh Strawberries ●■▼ Assorted Pastries Greek Yogurt ● Toppings Bar Hard-Boiled Eggs ●■ Juices Coffee ●■▼ Milk ●	Scrambled Eggs ●■ Smoked Bacon ●■ Sausage Patties ●■ Potato Cubes ●■▼ Grits ●■▼ Oatmeal ● Biscuits and Gravy Fresh Cut Pineapple ●■▼ Assorted Pastries Greek Yogurt ● Toppings Bar Hard-Boiled Eggs ●■ Juices Coffee ●■▼ Milk ●	Scrambled Eggs ●■ Smoked Bacon ●■ Apple Chicken Sausage Links ●■ Red Potatoes O'Brien ●■▼ Grits ●■▼ Oatmeal ● Pancakes w/ Syrup Fresh Strawberries ●■▼ Assorted Pastries Greek Yogurt ● Toppings Bar Hard-Boiled Eggs ●■ Juices Coffee ●■▼ Milk ●
LUNCH	Ham Sandwiches Vegetable Soup ■▼ Corn Chowder Pork Chops w/ Spinach Sauce California Blend Vegetables Garden Peas ●■▼ Hawaiian Rolls Garden Fresh Salad Bar ●■▼ Red Velvet Cake	Chicken Salad Sandwiches Chicken Noodle Soup ■ Broccoli Cheese Soup Glazed Ham ●■ Au Gratin Potatoes ● Mixed Vegetables ●■▼ Cheddar Garlic Biscuits Garden Fresh Salad Bar ●■▼ Apple Turnovers	Roast Beef Sandwiches Vegetable Soup ■▼ Chicken Tortilla Soup Key West Chicken ● Pineapple Rice ●■ Green Beans ●■▼ Wheat Rolls Garden Fresh Salad Bar ●■▼ Coconut Cake	Turkey Sandwiches Chicken Gumbo ■ Potato Leek Soup Pot Roast ●■ Mashed Potatoes Succotash ●■▼ Garlic Bread ● Garden Fresh Salad Bar ●■▼ Chocolate Cake	Ham Sandwiches Vegetable Soup ■▼ Chicken Rice Soup Caribbean Chicken ●■ Yellow Rice ●■ Roasted Baby Carrots ●■▼ Parkerhouse Rolls ■▼ Garden Fresh Salad Bar ●■▼ Cherry Turnovers	Turkey Sandwiches Minestrone Soup ■ Tomato Bisque Roasted Lemon Pepper Chicken ●■ Roasted Red Potatoes ●■▼ Buttered Corn ●■▼ Herb Biscuits Garden Fresh Salad Bar ●■▼ Orange Cake
DINNER	Beef Brisket ●■ Pulled Pork ●■ Corn Dogs Baked Beans ●■ Broiled Tomatoes ● Steamed Broccoli ●■▼ Garlic Bread Garden Fresh Salad Bar ●■▼ Peach Cobbler	Apple Fennel Roast Pork ●■ Chicken Pot Pie Mac and Cheese Winter Blend Vegetables ●■▼ Buttered Corn ●▼ Brussel Sprouts ●■▼ Steamed Baby Carrots ●■▼ White Rolls Garden Fresh Salad Bar ●■▼ German Chocolate Cake	Pad Thai Chicken ● Beef Stir Fry ■ Chicken Tenders Scalloped Potatoes ● California Blend Vegetables ●■▼ Steamed Broccoli ●■▼ Hawaiian Rolls Garden Fresh Salad Bar ●■▼ Cherry Cobbler	Fried Chicken Seared Beef Steak ●■ Roasted Yukon Gold Potatoes ●■▼ Garden Peas ●■▼ Chuckwagon Corn ●■▼ Steamed Broccoli ●■▼ Steamed Baby Carrots ●■▼ Herb Biscuits Garden Fresh Salad Bar ●■▼ Strawberry Shortcake	Chicken Parmesan ● Lasagna Baked Marinara Pasta ■▼ Steamed Red Potatoes ●■▼ Italian Blend Vegetables ●■▼ Peas and Carrots ●■▼ Garlic Breadsticks Garden Fresh Salad Bar ●■▼ Apple Cobbler	Roast Turkey ●■ Baked Penne Pasta w/ Shrimp Au Gratin Potatoes ● Mixed Vegetables ●■▼ Roast Corn and Black Beans ●■▼ Green Beans ●■▼ Steamed Baby Carrots ●■▼ Wheat Rolls Garden Fresh Salad Bar ●■▼ Oreo Pie

## KEY

- GLUTEN FREE
- DAIRY FREE
- ▼ VEGAN



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